



Beginner Fencing Equipment		
Item	Cost	Comments
Jacket	\$50-75	Stretch nylon or cotton; personal preference determines which.
Knickers	\$35-50	Stretch nylon or cotton; personal preference determines which.
Plastron	\$25-35	An inexpensive one is sufficient; specify right or left handed. Adolescent girls will also need a plastic chest protector (\$30).
Glove	\$15-25	Right-handed or left-handed.
Mask	\$90-125	This is the most important item. Buy a good one.
Weapon	\$35-45	Non-electric; french grip. Children under 10 should use a shorter blade: either 0 or 2 (30" or 32").
Socks	\$10	Long white socks that reach the knees (or at least come up to the knickers). Get these at Sports Authority, not a fencing store
Shoes (Optional)	\$50	Tennis or racquetball shoes are fine. You can also buy inexpensive fencing shoes (Victory; \$55) or expensive ones (Adidas; \$125-200).
Bag (Optional)	\$30	Recommended but not essential.
Total	\$340-445	(Buying a package will cut this cost to approx \$150-175)
<p><b>Note:</b> There are two categories of clothing:</p> <ul style="list-style-type: none"> <li>➤ <i>FIE</i> - Required for international tournaments and is usually constructed of a fabric such as ballistic nylon. It is rated to withstand 800Newtons of force. Not recommended for Beginners.</li> <li>➤ <i>Non-FIE</i> -Allowed for all domestic tournaments and constructed with stretch nylon or cotton. It is not rated but can generally withstand 350Newtons. The price is substantially lower (\$50 for a jacket vs. \$300 for an FIE model), it is lighter weight, and accepted at all domestic USFA tournaments. <b>Recommended for Beginners.</b></li> </ul> <p>You will <b>not</b> need electrical equipment, but we have a companion sheet on request if you are interested.</p>		

Most manufacturers also offer starter packages at substantially reduced prices. Ask for a beginner's non-electric foil (or sabre) set. It will include most, but not all, of what you need for about \$150.

Fencing Equipment Vendors in NJ			
<p><b>Blue Gauntlet</b> 280 N Midland Ave Building N-1 Saddle Brook, NJ 07663 201-797-3332 <a href="http://www.blue-gauntlet.com">www.blue-gauntlet.com</a></p> <p>M-Th 9-7 F 9-6:30 Sun 9-5</p>	<p><b>Fencesmart</b> 2933 Vauxhall Road Union, NJ 866-366-2164 <a href="http://www.fencesmart.com">www.fencesmart.com</a> [Note that the entrance is a loading dock behind the Millburn Mini Mall]</p>	<p><b>Physical Chess</b> 1012A Greeley Avenue No Union, NJ 17083 800-FENCING <a href="http://www.physicalchess.com">www.physicalchess.com</a></p> <p>M-F 10-6 Sat 9-3</p>	<p><b>Absolute Fencing</b> 25 Kearny Street Bridgewater, NJ 732-868-9003 <a href="http://www.absolutefencinggear.com">www.absolutefencinggear.com</a></p> <p>M-F 9-7 Sun 10-4</p>



Electrical Fencing Equipment					
Item	#	Foil	Epee	Sabre	Comments
Jacket	1	\$65	\$65	\$65	Stretch nylon or cotton; personal preference determines which; FIE is \$250
Knickers	1	40	40	40	Stretch nylon or cotton; personal preference determines which; FIE is \$200
Plastron	1	20	20	20	An inexpensive one is sufficient; specify right or left handed. Adolescent girls will also need a plastic chest protector (\$30).
Breast Protector	1	30	30	30	Women only
Glove	1	25	25	25	Right-handed or left-handed.
Overglove	1			30	
Mask	1	55	55	85	This is the most important item. Buy a good one; FIE is \$150-200.
Weapon	2	100	110	110	2 prong connector; french or pistol
Body Cords	2	40	40	40	Blue Gauntlets are best
Mask Clip	1			10	
Lame	1	65		90	Optional; NA has enough unless you need either a very large or very small size.
Shoes (Optional)	1	50	50	50	Tennis or racquetball shoes are fine. You can also buy inexpensive fencing shoes (Victory; \$55) or expensive ones (Adidas; \$125-200).
Bag (Optional)	1	40	40	40	
<b>Total</b>		<b>\$540</b>	<b>\$475</b>	<b>\$635</b>	
<p><b>Note:</b> There are two categories of clothing:</p> <ul style="list-style-type: none"> <li>➤ <i>FIE</i> - Required for international tournaments and is usually constructed of a fabric such as ballistic nylon. It is rated to withstand 800Newtons of force. Not recommended for Beginners.</li> <li>➤ <i>Non-FIE</i> -Allowed for all domestic tournaments and constructed with stretch nylon or cotton. It is not rated but can generally withstand 350Newtons. The price is substantially lower (\$50 for a jacket vs. \$300 for an FIE model), it is lighter weight, and accepted at all domestic USFA tournaments. <b>Advanced Fencers may want to consider some FIE equipment, particularly the mask.</b></li> </ul>					

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